

Women Of The Bible



*Alexandria Brighton Collection
of Essential Oils*

Women Of The Bible

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Tamar

Woman of Honor, Resilience, Faith, Wisdom, and Courage

The Story of Tamar

Genesis 38:1-11

About this time Judah left home and moved to Adullam, where he visited a man named Hirah.

There he met a Canaanite woman, the daughter of Shua, and he married her. She became pregnant and had a son, and Judah named the boy Er.

Then Judah's wife had another son, and she named him Onan. And then she had a third son, she named him Shelah.

When the oldest son, Er, grew up, Judah arranged his marriage to a young woman named Tamar.

But Er was a wicked man in the Lord's sight, so the Lord took his life.

Then Judah said to Er's brother Onan, "You must marry Tamar, as our law (Levirate Marriage Law) requires of the brother of a man who has died.

Her first son from you will be your brother's heir."

But Onan was not willing to have a child who would not be his own heir.

So whenever he lay with Tamar, he spilled his seed on the ground to keep her from having an heir who would belong to his brother.

But the Lord considered it a wicked thing for Onan to deny a child to his dead brother. So the Lord took Onan's life too.

Then Judah told Tamar, his daughter-in-law, not to marry again at that time, but to return to her parent's home.

She was to remain a widow until his youngest son Shelah, was old enough to marry her.

But Judah didn't really intend to do this because he was afraid Shelah would also die, like his two brothers.

So Tamar went home to her parents.

Genesis 38:12-19

In the course of time Judah's wife died. After the time of mourning was over, Judah and his friend Hirah the Adullamite went to Timnah to supervise the shearing of his sheep.

Someone told Tamar that her father-in-law had left for the sheep shearing at Timnah.

Tamar was aware that Shelah had grown up, but they had not called her to come and marry him.

So she changed out of the widow's clothing and covered herself with a veil to disguise herself. Then she sat beside the road at the entrance to the village of Enaim, which is on the way to Timnah.

Judah noticed her as he went by and thought she was a prostitute, since her face was veiled. So he stopped and propositioned her to sleep with him, not realizing that she was his own daughter-in-law.

"How much will you pay me?" Tamar asked.

"I'll send you a young goat from my flock." Judah promised.

"What pledge will you give me so I can be sure you will send it?" she asked.

"Well, what do you want?" he inquired.

She replied, "I want your identification seal, your cord, and the walking stick you are carrying."

So Judah gave these items to her. She then let him sleep with her, and she became pregnant.

Afterwards she went home, took off her veil, and put on her widow's clothing as usual.



John 1:1

"In the beginning was the Word, and the Word was with God, and the Word was God."

With his words, God spoke everything into creation. Like all things, spoken word has a vibration, a frequency, an energetic expression.

The Story of Tamar

Genesis 38:27-30

About three months later, word reached Judah that Tamar, his daughter-in-law, was pregnant as a result of prostitution.

"Bring her out and burn her!" Judah shouted. But as they were taking her out to kill her, she sent this message to her father-in-law.

"The man who owns this identification seal and walking stick is the father of my child. Do you recognize them?"

Judah admitted that they were his and said, "She is more in the righteous than I, because I didn't keep my promise to let her marry my son Shelah."

But Judah never slept with Tamar again.

In due season the time of Tamar's delivery arrived, and she had twin sons.

As they were born, one of them reached out his hand, and the midwife tied a scarlet thread around the wrist of the child who appeared first saying, "This one came out first."

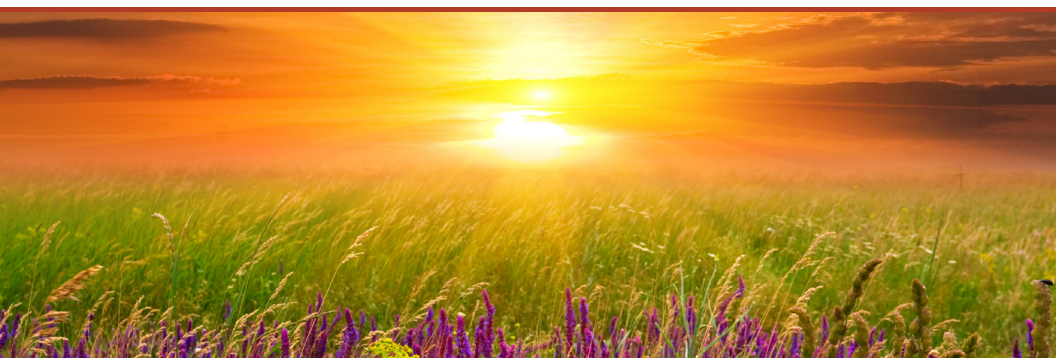
But then he drew back his hand, and the other baby was actually the first to be born. "What!" the midwife exclaimed. "How did you break out first?"

And ever after, he was called Perez. Then the baby with the scarlet thread on his wrist was born, and his name was Zerah.

Ruth 4:12

Many years later...

And may the Lord give you descendants by this young woman who will be like those of our ancestor Perez, the son of Tamar and Judah.



Study Guide

Read the story of Tamar, and discuss the following questions.

Keep in mind there is more to the story of this woman than what is presented in the few short verses.

1. What incident led Judah to leave his own land and marry a Canaanite woman?

- The guilt and pain he had inflicted on his father, Jacob, by selling his favorite son, Joseph, to merchants on the road.

2. Were his sons honorable and following the laws of Judah's faith?

- Er was described as a wicked man that God killed.
- Onan was also wicked, and was also killed by God.
- Shelah, as the next oldest, was not chosen to be an ancestor of Jesus, but was passed over for a more honorable son, Perez.

3. As a young Canaanite woman did Tamar have any say in who she would marry and when?

- Her father would have made the arrangements, and they would have benefited him in some way.

Tamar had to do as he said and not dishonor him by refusing to go.

4. What prompted Judah to turn a blind eye on the treatment Tamar received from his family and to not intercede on her behalf?

- Judah was burdened with guilt and grief over what he had done to Joseph and to his father Jacob.
- His wife was a Canaanite and he had allowed her to raise her sons to be Canaanites as well.
- His sons were vile and wicked and his wife was unpleasant as well.
- He was not happy and may have spent much time alone.
- If he ignored Tamar, he didn't have to feel guilty about how she was treated.

Study Guide

5. ***When Judah lost his sons Er and Onan, who had both married Tamar, he sent her back to her parents instead of allowing her to marry his one remaining son, Shelah. How would this reflect on Tamar, how her family viewed her, and consequently how they would treat her?***

- To be sent home, childless, would be an insult to her parents. She would be considered a failure and a burden to her family. They would see her return to them as something she did wrong that made Judah want to get rid of her. As an unwanted, disgraced woman in the home, she would have the position closer to that of a slave than as a daughter.

6. ***When Tamar saw the Shelah was a grown man of marrying age and yet Judah had not called her back to marry him, she knew he was not going to keep his promise to her. She had a hard choice to make; one that would change her life or end her life. How did she go about implementing her choice?***

- She found out Judah would be traveling along a certain road on the way to the sheep shearing. She dressed herself up in a prostitute's costume with a veil so he would not recognize her and waited for him to pass by.

When he saw her, he propositioned her to have sex with him, resulting in her becoming pregnant.

7. ***Under what circumstances would Tamar find an outfit with a veil in her parents' home that would identify her as a prostitute?***

- Because her parents were pagans and idol worshipers, they may have given one of her sisters to the local temple as a temple prostitute.
- The mother would have made a temple costume for her daughter each year. The veil was so no one could see their face when they had sex on the alter during fertility rituals.



Tamar Essential Oil Blend...

May help you to realize the possibility of divine intervention in your life.

Essential Oils can be used to treat colds, cuts, headaches, stress, ADD, depression, viral/bacterial infections, burns, rashes & more.

100% pure & therapeutic Essential Oils, distilled from plants, are safe to use on anyone.

Study Guide

8. ***When her family learned she was pregnant and had further disgraced them, they wanted her killed. But as her father-in-law, it was left to Judah to decide her fate. Did he agree with her family that she had broken the law and should be killed?***
- Despite hiding his own sins, he did agree that she should be killed.
9. ***What saved Tamar from death?***
- Tamar sent word to Judah that the father of her baby was the man who owned the seal, cord, and walking stick that she had in her possession.
10. ***How was Tamar rewarded by God for her faith and courage?***
- She had wished for a son and was given two sons, whom she brought up to be men of faith, not like the other sons of Judah.
 - Her son Perez is a direct ancestor of Jesus.
11. ***If Tamar had not fulfilled her destiny, how might God's plan for the line of Abraham and Judah been different?***
- It very likely would have ended with Judah as his other son, Shelah, was no better than his brothers, Er and Onan.
12. ***As you complete this study guide, do you feel the abuse suffered at the hands of her husbands, Er and Onan, her father-in-law, and family are similar to what you or someone you know may be going through?***

What can you learn from Tamar's faith and courage?

- If we keep our faith in God, he can change our life. Though Tamar endured much abuse, she kept her faith in her destiny and God provided her a way to fulfill it. It meant risking her life, but she had enough faith to take the chance.
- Her actions not only benefited her, but had far reaching benefit to Judah. According to the law they lived by at that time, Judah was breaking the law by not taking her in.

She not only put him in a position to remedy his lack of commitment to her, but it also caused him to repent and resume living in faith. Both of which he most likely never would have done without the action Tamar took.

Study Guide

13. Often, in the stories from the Bible, the simplest of people are instrumental in God's bigger plan.

Each of us also has a destiny to follow, usually with some type of risk involved. If you lack the courage, faith and conviction to follow what your heart is telling you to do, how will the bigger plan you are to play a part in change?

- No one is insignificant in God's eyes.

If you do not follow your destiny and do what you came here to do, then whatever you do instead will never be as satisfying or fulfilling because a part of you will always wonder "What if?"

- We must remember that each of us touches many other lives. Some of those other lives are waiting for us to show up so they can fulfill their destiny.

Genesis 37:23-28

So when Joseph came to his brothers, they stripped him of his robe — the ornate robe he was wearing, and they took him and threw him into the cistern. The cistern was empty; there was no water in it.

As they sat down to eat their meal, they looked up and saw a caravan of Ishmaelites coming from Gilead. Their camels were loaded with spices, balm and myrrh, and they were on their way to take them down to Egypt.

Judah said to his brothers, "What will we gain if we kill our brother and cover up his blood?"

Come, let's sell him to the Ishmaelites and not lay our hands on him; after all, he is our brother, our own flesh and blood." His brothers agreed.

So when the Midianite merchants came by, his brothers pulled Joseph up out of the cistern and sold him for twenty shekels[a] of silver to the Ishmaelites, who took him to Egypt.

Genesis 43:1, 11 (The Second Journey to Egypt)

Now the famine was still severe in the land.

Then their father Jacob said to them, "If it must be, then do this: Put some of the best products of the land in your bags and take them down to the man as a gift — a little balm and a little honey, some spices and myrrh, some pistachio nuts and almonds.

Psalms 23 & Exodus 30:22-25 (Sacred Anointing Oil)

The Biblical meaning of "anoint" is the Hebrew word "masach" which is to "rub or massage." Very similar to the English word "massage".



What If...

When Judah began to seek a wife for his oldest son Er, a beautiful young woman named Tamar caught his eye.

Tamar was Canaanite and probably just of child-bearing age, 12 to 14 years old.

Despite knowing his son Er to be a vile and wicked man, he arranged for the sweet and innocent Tamar to be his wife in the hope that Er would be a better man with her as his wife.

Er, being a wicked and vile man, would not have treated Tamar with love, respect or gentleness. Though Tamar was obviously abused, Judah, her father-in-law, did nothing to intercede on her behalf. So God took Er.

Judah told his son Onan, "You must marry Tamar and give her an heir for your dead brother to secure his inheritance." Onan married Tamar, sexually abused her, and denied her a child. Because of his wickedness, God also took Onan.

Judah was afraid to give Tamar to his only remaining son Shelah as he was afraid he may also die.

Using the excuse Shelah was too young to marry, he sent Tamar back to her father's home where she was to wait for him to reach marrying age.

To be the mother of many children brought a woman honor, love, and security. Inability to have children was a stigma of the worst kind.

Tamar would be returning home a disgrace to her family, where she would be despised. At that point, what kind of future did Tamar have to look forward to?

Tamar was treated cruelly by Er, abused by Onan, and rejected and dishonored by Judah.

After Judah's wife died, Tamar took control of her own destiny and the destiny of Judah's line.

Tamar dressed herself like a temple prostitute and sat by the side of the road where she knew Judah would travel on his way to the sheep shearing. Judah approached her and asked how much she would charge to have sex with her.

Tamar was clever, courageous, and wise, allowing Judah to name the price; one young goat.

What If...

Judah agreed to have the goat sent to her. She asked for his seal and cord along with his walking stick to guarantee payment. He agreed and gave them to Tamar.

After their encounter, Tamar found that she was pregnant. About three months later when it was apparent to all, her family and Judah ordered her to be killed for being a whore.

Her quick thinking to have secured Judah's seal, cord, and walking stick saved her when she sent a note to Judah stating the father of her child was the man to whom the items belonged.

Judah, who had so horribly wronged Tamar and was about to have her killed, confessed: "She is more righteous than I, since I did not give her to my son Shelah."

This courageous, clever and wise woman took a huge risk by taking matters into her own hands to see justice done and to protect her family rights.

Despite Judah allowing his sons, both evil and lustful men, to do whatever they wanted to Tamar and then sending her home as damaged goods, Tamar's courageous actions caused Judah to confess and return to living as a man of faith.

Judah was reconciled with his brother, Joseph, and his father, Jacob, who on his deathbed blessed him with the promise "your descendants will always rule."

Tamar had twin boys, Perez and Zerah. Perez is the ancestor of David, Israel's greatest king, and the ancestor of Jesus the Messiah.

Ezekiel 47:12

"Fruit trees of all kinds will grow on both banks of the river. Their leaves will not wither, nor will their fruit fail. Every month they will bear fruit, because the water from the sanctuary flows to them. Their fruit will serve for food and their leaves for healing."

Did you know...



Clinical studies have shown that Essential Oils assist with the release of traumatic and negative emotions.

Preschoolers are the fastest growing age group being prescribed antidepressants.*

*Pert, Candace B, PhD. *Molecules Of Emotion*. Touchstone, New York, NY, 1999. p.275.



Tamar Essential Oil Blend

Ingredients

100% pure, therapeutic grade, certified organic and/or wild-crafted oils of Balsam Fir, Bay Laurel, Birch, Black Spruce, Carrot Seed, Cypress, Frankincense, Patchouli, Rosemary ct.1,8 Cineole, Rosewood, Sage, Sandalwood, Melissa, and Certified Organic Fractionated Coconut Oil.

Exotic Oil - Melissa

Botanical Name: *Melissa officinalis* | **Country of Origin:** England

Although the Lemon Balm herb plant is very common, the oil distilled from it is one of, if not the most, rare of all herbal oils. The incredibly high price of authentic Melissa is due to the fact that it takes approximately 3 tons of plant material to make ½ kilo of essential oil.

Despite the high price, Melissa has great value as a medicinal oil. It has been confirmed to have powerful antiviral properties. Studies in Germany indicate it is useful against various strains of influenza virus, herpes, smallpox, and mumps.

Recommended to treat both nausea and indigestion, especially when they are caused by nervous tension. Some authorities say it slows the heart beat, relieving palpitations and helps lower blood pressure. Blended with Geranium, it helps with painful periods.

Emotionally it is said to bring acceptance and understanding; to calm anxiety and is uplifting.

Melissa is said to be extremely useful in cases of emotional shock, grief, fear, and anger.

Melissa has an especially high frequency and is used to exalt this blend.

Tamar's History

- Canaanite
- Wife to Er and then to Onan
- Daughter-in-law to Judah
- Mother of Perez and Zerah
- Ancestor to Jesus the Messiah

Scripture Readings

- Genesis 37:25-28, 38, 49:8-12
- Ruth 4:7-22
- Matthew 1:1-6



Daily Uses

Bath

One of the ways essential oils were most often used in the time of Tamar.

- Add 10-15 drops of Tamar blend to ½-1 cup of Pink Himalayan or Dead Sea bath salts and mix into your bath; soak 10-20 minutes for best results. Soaking in the Tamar bath can help to reestablish your sense of connection to God and knowing that you have a destiny waiting to be fulfilled.

If you have past or present abuse issues keeping you from your destiny, while soaking say a prayer or affirmation to overcome past or present abusive situations. The Tamar bath will detox past abuse imprints allowing forgiveness to take place. It will nurture and heal the spiritual self.

- For a foot bath, add 8-12 drops of Tamar blend to ½ cup of Pink Himalayan or Dead Sea bath salts. For best results, soak feet 10-20 minutes.

Topical

Applying to the head and feet was an important way to use essential oils in Tamar's time.

Women also were known to apply essential oils to the entire body as a lotion; this was thought to enhance their connection to God and their spiritual life.

- Apply 1-3 drops to the sole of each foot. A powerful way to instill the courage and faith needed to move forward and do whatever is necessary to fulfill your destiny.
- Add 10-15 drops per ounce of goDésana body lotion and use after your bath to nourish and moisturize the skin while surrounding your body with the spiritual essence of Tamar.

Chakra



Apply 1-3 drops to the Root Chakra, our center of personal survival.



Apply 1-2 drops to the Heart Chakra and know that you are not insignificant to God; that you are loved and cared for.



Apply 1-2 drops to the Crown Chakra, our personal connection point to the divine guidance and protection that we receive from God.

Daily Uses

Misting Spray

In Tamar's time Essential Oils and resins were burnt as incense for prayer and offerings. We can use the spray misters to send the essential oils into the air without the smoke.

- Mix 12-15 drops in a 4 oz. cobalt blue spray bottle of distilled water. Mist around yourself, front and back, when feeling insecure, fearful, and in need of courage to change your life. Shake well before use.

Think of Tamar who kept her faith in her right to a family and took action when God gave her the opportunity.

Can be used throughout your environment to create a frequency of courage, strength, resilience, and personal power.



Did you know...

God breathed healing aromatic molecules into plants so that they may have the Power to nurture, and heal our bodies.

- Mix 6 drops in a 2 oz. in distilled water in a blue cobalt glass or PET plastic spray bottle to carry with you. Mist generously whenever you need extra support at work, or when away from home. May also be shared with a friend or family member in need of Tamar's courage and strength.
- Diffuse 10 drops in your water mist diffuser and mist into the environment.



Isaiah 44:14

"He hewest him down cedars, and taketh the cypress and the oak, which he strengtheneth for himself among the trees of the forest"

Leviticus 8: 1,2 & 10-12

"The original healers in Bible-times were priests who often did their healing in temples."

Genesis 37:25

"Myrrh is first mentioned in the Bible where the Ishmaelite caravan carried Joseph to slavery in Egypt."

Genesis 43:11

"And When Jacob sent his sons into Egypt for food he told them to take along some myrrh as a gift for the man in charge."

Proverbs 7:17

"I have perfumed my bed with myrrh, and aloes, and cinnamon"

This image shows a single page of white paper with horizontal blue or grey ruling lines. The lines are evenly spaced and run across the width of the page, leaving small margins at the top and bottom. There are no vertical margin lines, and the paper is completely blank except for the lines.

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

